

The Food of Santa Fe: Authentic Recipes from the American Southwest

Dave Dewitt, Nancy Gerlach



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The Food of Santa Fe: Authentic Recipes from the American Southwest Dave Dewitt, Nancy Gerlach Nestled at the foot of the Sangre de Cristo Mountains, Santa Fe has the spirit of the Native American, Spanish, Mexican and Anglo-American settlers who built it - and an exciting cuisine to match. Today's hottest Santa Fe chefs are incorporating the region's staple ingredients - rice, beans, squash and chiles - into mouthwatering new dishes. *The Food of Santa Fe* offers the best of New Mexico's traditional dishes and a sampling of today's cooking innovations. Introductory essays provide the historical and geographical context of the cuisine, and a glossary of unusual ingredients and illustrated how-to sections are also included.

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