



# Childhood Obesity Prevention and Treatment, Second Edition (Modern Nutrition)

*Jana Parizkova, Andrew Hills*

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**Childhood Obesity Prevention and Treatment, Second Edition** summarizes the latest scientific knowledge on obesity in children. This edition focuses on the developmental aspects of obesity, especially on the influences and factors predisposing individuals to obesity from early periods of life. This new body of knowledge stems from both basic research and recent epidemiological and clinical studies. All chapters are updated and special attention is given to the prevention of obesity in the context of developmental physiology, lifestyle modification, and dietary and physical activity approaches.

Highlighting the most recent research, this timely book covers a broad range of aspects related to the prevention and management of childhood obesity. It emphasizes early intervention and an integrated behavioral approach to overcome the ongoing challenge of this global epidemic.

## Features

- Updates all chapters and includes new research on growing populations of obesity in the Third World
- Provides information on promoting health as a means to reduce obesity
- Focuses on the developmental aspects of obesity

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