

Saintly Solutions to Life's Common Problems: From Anger, Boredom, and Temptation to Gluttony, Gossip, and Greed

Joseph M. Esper

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Whatever you're struggling with, you're not alone: there's a saint who is not only praying for you before the throne of God, but who went through the same thing you're going through. In Saintly Solutions, Fr. Joseph Esper introduces you to over 350 saints who suffered in ways that you and I suffer every day, and who will bring you, too, to peace!

Fr. Esper considers over forty of life's common problems, showing how saints overcame these challenges and difficulties, and even grew holier as they did so. Better yet, he explains how you can, too.

In each chapter, Fr. Esper includes thought-provoking quotes from saints for further reflection, a practical section entitled Something you might try, and solid recommendations for further reading. That makes Saintly Solutions immensely valuable for everyone who struggles with life's common problems and wants to face them with the unquenchable joy of the saints!



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