



# **The New Atkins Diet Low Carb Revolution: The Complete Super Delicious Zero Carb Recipes Cookbook**

*Scott Turner*

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Welcome to the new, amazing, and wonderful world of the Atkins diet! With the ALL NEW Atkins Diet Low Carb Revolution you'll be SHEDDING off the fat and the weight. Have you ever dreamed of losing 5 or more pounds EVERY WEEK? What's more, this plan is PROVEN to be incredibly HEALTHY, miraculously FAT-BURNING, and SUPER EFFECTIVE! It works through the miracle of ketosis, which is a state your body shifts into when you don't eat many carbs. Your body will literally be BURNING fat away EVERY MINUTE!

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But wait! Doesn't the Atkins diet only let you eat bland, boring foods? NO! With Atkins, you can EAT GREAT and LOSE WEIGHT! In this book you can find recipes for DELICIOUS Buttery Salmon, FANTASTIC Fried Chicken, HEAVENLY Buffalo Chicken Wings, SUCCULENT Southern Fried Pork Chops, and MUCH, MUCH MORE! All of them COMPLETELY and TOTALLY CARB-FREE!

Are you ready to begin changing your life? Are you ready to create a NEW YOU? Are you ready to be in control of your BODY and in control of your LIFE? Get started TODAY!

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