



# How to Prevent and Treat Cancer with Natural Medicine

*Michael Murray*

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## **How to Prevent and Treat Cancer with Natural Medicine** Michael Murray

In this comprehensive, practical approach to combating and preventing cancer, readers can assess their risks through a screening questionnaire, learn to change their internal environment to thwart cancer, and discover the science behind the emotions and attitudes that play a significant role in prevention and treatment. Divided into three sections—prevention, treatment, and coping with side effects of treatment—**How to Prevent and Treat Cancer with Natural Medicine** offers precise combinations of food, vitamins, herbs, minerals, and supplements; daily meal plans; and shopping lists, as well as specific recommendations for breast, prostate, lung, and colon cancer.

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