



# **Keys to the Mind, Learn How to Hypnotize Anyone and Practice Hypnosis and Hypnotherapy Correctly**

*Richard Nongard*

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## **Keys to the Mind, Learn How to Hypnotize Anyone and Practice Hypnosis and Hypnotherapy Correctly** Richard Nongard

"Keys to the Mind" will teach you exactly what you need to know to become a hypnotist. Learn how to hypnotize anyone successfully, and do it safely and correctly. Hypnosis is a proven tool for helping people overcome life's challenges and take control of self-defeating patterns of behavior. Whether you are brand new to hypnotherapy or are a more seasoned professional, the learnings inside will improve your successful outcomes. Learn how to: Conceptualize hypnosis and understand the keys to the hypnotic process; Explain hypnosis to clients and use convincer suggestibility tests; Perform complete hypnotic inductions - correctly; Deepen hypnotic trance for greater impact; Structure therapeutic suggestions to effectively achieve client goals; Use hypnosis to help a person stop unwanted behaviors; Awaken someone from a hypnotic trance; Use the basic language patterns of Milton Erickson and NLP (Neuro-Linguistic Programming); Handle difficult clients and intense emotions during hypnotherapy.

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