



# Boyfriends & Girlfriends: A Guide to Dating for People with Disabilities

Terri Couwenhoven

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## Boyfriends & Girlfriends: A Guide to Dating for People with Disabilities

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**Boyfriends & Girlfriends: A Guide to Dating for People with Disabilities** Terri Couwenhoven Everyone knows that dipping your toe in the dating pond can be a little intimidating without first seeking some expert advice. And that's exactly what Terri Couwenhoven delivers in her new book written expressly for teens and adults with intellectual or developmental disabilities. **Boyfriends & Girlfriends** explains the do's and don'ts of dating and validates their normal, age-appropriate desire for companionship and romance.

The book covers the biggest questions and smallest concerns of every would-be dater, including:

- Who is an appropriate dating partner & who is not
- How to read signals & judge whether the interest is mutual
- How to ask someone out on a date
- How to turn down a date
- How to handle rejection
- What sexual feelings are
- How to work through problems in a relationship
- What to do when a relationship is not working

Written and illustrated for a hi/lo reader, **Boyfriends & Girlfriends** is perfect for anyone who is already in a relationship, ready to start one, or still only dreaming about it. The guide is also an informative read for parents, counselors, and other support providers.



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