



Get Real, Ladies: Career Challenges, Changes & Choices (Volume 1)

Kim DeCoste

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As a career management consultant and former corporate recruiter, Kim DeCoste has championed and advised women at all career levels. And while she has watched women make tremendous strides in the professional world, she also noticed they're still asking the same questions: How can I find more balance in my life? Why must I shoulder more responsibilities at home when I work just as hard as my husband does? How can I not only make more money but also find fulfillment in my career? Is it really possible to "have it all"?

In her new book, DeCoste shares the lessons she has learned about women's unique professional challenges. Through years of coaching clients, listening to friends, and exploring her own professional growth, she's garnered a common sense approach to goal setting that's realistic, empathetic, and practical.

Get Real, Ladies delivers its valuable message in the form of women's true and personal stories. Fifteen women from all industries and walks of life share their honest experiences of success and failure, both in the office and at home. The result is a comprehensive guide to career success that's easily applied to almost any woman's professional and personal life.

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