



Mosby's Pocket Guide to Nutritional Assessment and Care - Elsevier E-Book on VitalSource (Retail Access Card), 6e (Nursing Pocket Guides)

Mary Courtney Moore PhD RN RD CNSN

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- Incorporates nutrition assessment into almost every chapter, emphasizing performance of a complete nutrition assessment as a basis for planning nutrition interventions and teaching.
- Covers both enteral and parenteral nutrition support.
- Highlights the importance of weight control and physical activity for the prevention and care of diabetes and other health problems.
- Cultural and ethnic nutrition information helps you understand food preferences of diverse populations to aid in planning interventions that will better suit clients' needs.
- Appendixes available on Evolve provide valuable resources for nutrition intervention, referral, and teaching.
- The glossary gives you clear definitions of words in an easily accessible reference.
- MyPyramid and MyPyramid for Kids simplify diet and lifestyle planning for all age groups.
- NEW assessment tool MEDFICTS (Meat, Eggs, Dairy, Fried foods, In baked goods, Convenience foods, Table fats, Snacks) helps evaluate an individual's diet.
- MORE information on limiting sodium intake to fight hypertension and ischemic heart disease.
- EXPANDED content on the liver, particularly related to hepatitis.
- NEW table lists medications that can impair control of glucose and lipid levels.
- NEW information on medications to address the nutritional implications of cancer, HIV infection, and diabetes.

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Christa Nisbet:

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Lily Pawlak:

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