



Put Yourself in Their Shoes: Understanding How Your Children See the World

Barbara Meltz

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Wouldn't parenting be easier if you could see into the mind of your child?

Learn to hear what your child can't or won't tell you--and

Understand Behavior

Build Values

Nurture Closeness

Solve Problems

In her popular **Boston Globe** column "Child Caring," Barbara Meltz has been writing about real-life parenting issues for more than a decade. She has found that instead of divorce or moving--the situations parents think of as stressful--children's concerns are often linked to commonplace events such as sleepovers or the first day of school.

In this wise, compassionate book, Meltz offers parents a unique window into their child's inner life. She includes candid, illuminating observations from kids themselves and offers advice on what to ask, listen for, or observe to decode puzzling behavior. . . how to get a child to talk about his or her problems. . . and how to find the best way to solve conflicts. By focusing on developmental trouble spots, not age, her approach is as helpful to the parents of a two-year-old as to those of a twelve-year-old. From keeping secrets to going to camp to larger issues, such as stealing or death in the family, **Put Yourself in Their Shoes** offers a way to see inside a child's world--and help to make it safe and strong.

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