

Dump Dinners Cookbook: Quick, Tasty, Mouth Watering Dump Dinners Cookbook Recipes You Can Make In A Flash (Dump Dinners Cookbook, Dump Dinners Cookbook Recipes, Dump Dinners Cookbook Series)

Annette Dewaltz

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Quick, Tasty, Mouth Watering Dump Dinners Cookbook Recipes You Can Make Tonight!

You're about to discover some of the most delicious and quick to make dump dinners on the planet! Perhaps you're on a mission to get healthy, but don't have the time for those wholesome meals you require. Maybe you just want to create homemade dishes without spending half your life in the kitchen. What's to be done when you need food fast, but can't stand the thought of more greasy fast food?

"Dump" or "dump-and-go" meals are designed with this exact scenario in mind. Easy, practically fool-proof, delicious, and fast—without sacrificing nutrition—dump recipes can often be prepared in under twenty minutes. Some can even simmer in slow-cookers all day long, ready to go the instant you need them.

The recipes included in this collection focus equally on health and expediency. From chicken and fish, to pasta and side dishes (and even desserts), you'll find limited time doesn't have to limit your options.

There are even "Need it Faster?" tips after many recipes, for those in a major time crunch. If you need quick meals on the go then grab "The Dump Dinners Cookbook" now!



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Samantha Campbell:

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John Harrison:

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