



# 101 Paleo Slow Cooker Recipes : Easy, Delicious, Gluten-free Hands-Off Cooking For Busy People

*Dan Thompson*

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Paleo Diet And Slow Cooking - A Match Made In Heaven? Paleo diet is a great way to go for anyone who wants to stay healthy and thin, as well as keep their energy levels way up! Slow cooking is an easy, fabulous way of cooking rich and tasty meals with almost no effort (just set it and forget it) So, how about combining the two into a winning combination? That's EXACTLY what "101 Paleo Slow Cooker Recipes" is all about! With this book you will have a huge selection of slow cooker, Paleo compatible recipes to choose from. Just pick your recipe and go for it! In the book you will find: - Slow cooker Paleo breakfasts - Slow cooker Paleo snacks - Slow cooker Paleo soups and stews - Slow cooker Paleo meat dishes - Slow cooker Paleo veg dishes - Slow cooker Paleo deserts and breads So what are you waiting for? Grab your copy now and set your first slow cooker Paleo meal in less that 30 minutes!

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