



# Complementary and Integrative Medicine in Pain Management

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## Complementary and Integrative Medicine in Pain Management

Pain is the most common complaint amongst all patients seeking care from all types of health practitioners. It is estimated that 40% of patient visits to health care practitioners are for the management of pain.

The problem of pain and other functional complaints is an ever larger proportion of the practice of integrative medicine. Complementary and alternative medical modalities have much to offer in managing pain and functional complaints, as well as presenting new and unique perspectives on the phenomenon of pain.

This book is also unique in taking into account cultural, historical and social factors in pain and pain management. While not a topic in itself (with the exception of the introductory chapter) it is a perspective that infuses all the topics of the book.

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