



Introduction to Multicultural Counseling for Helping Professionals

Wanda M. L. Lee, John A. Blando, Nathalie Mizelle, Graciela Orozco

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First published in 1999, this second edition of *Introduction to Multicultural Counseling for Helping Professionals* includes entirely new material on counseling Middle Eastern Americans, bi-racial, and multi-cultural Americans. Each chapter now includes a case vignette with questions and reflections, a section devoted to spirituality, discussion of socio-economic class issues, and an expanded and annotated cultural resource section. The respect for indigenous treatments and balance between generic and specific cultural issues characteristic of the original edition remain central to the text, while new and updated information meet the needs of today's helping professionals. Lee, Blando, Mizelle, and Orozco have contributed their expertise and research to create a comprehensive, accessible, and teachable text for the introduction to multicultural counseling and therapy.

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