



## **Gestalt Therapy in Clinical Practice. From Psychopathology to the Aesthetics of Contact**

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# Gestalt Therapy in Clinical Practice. From Psychopathology to the Aesthetics of Contact

## Gestalt Therapy in Clinical Practice. From Psychopathology to the Aesthetics of Contact

"A Gestalt therapy handbook on psychopathology, and to boot a relational approach to this complex topic! This book is ground-breaking and revolutionary. Breaking new ground is always controversial, as I am sure this book will be, both among Gestalt therapists and among more traditional medical model psychopathologically oriented psychiatrists and psychologists.(...) This book is revolutionary in its effort to tackle the topic of psychopathology from a Gestalt relational perspective and it offers a specifically formulated Gestalt therapy view of understanding psychopathology. It views psychopathology as a co-created phenomenon of the field that emerges at the contact boundary and as being able to be transformed in the process of contact. This is a laudable attempt to expand the core concepts of a Gestalt theory of human functioning to understanding seriously disturbed clients and psychotic functioning" (Leslie Greenberg)

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