



The ESC Textbook of Preventive Cardiology: Clinical practice (The European Society of Cardiology Textbooks)

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Covering both principles and practice, *The ESC Textbook of Preventive Cardiology* is a 'state of the art' resource for both the primary and secondary prevention of atherosclerotic cardiovascular disease.

Comprehensive, practical and extensively linked to practice guidelines and recommendations from the European Association of Cardiac Prevention and Rehabilitation (EACPR), it clearly connects the latest evidence base to strategies and proposals for the implementation of prevention in clinical practice.

With a strong clinical focus the topics covered range from epidemiology and risk stratification through psychological factors, behaviour and motivation to secondary prevention, integrating hospital-based and community care for cardiovascular disease prevention and information on cardio-protective drugs. Case studies, clinical decision-making trees and drug tables with recommended doses and potential side-effects make it easier than ever to implement treatments in practice.

Drawing together current knowledge and evidence, and examining all aspects of preventive cardiology in one succinct volume, *The ESC Textbook of Preventive Cardiology* is the ideal guide for the physician and allied health professional working to prevent and treat cardiovascular disease in their daily practice.

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