



# **The Psychology of Compassion and Cruelty: Understanding the Emotional, Spiritual, and Religious Influences**

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# The Psychology of Compassion and Cruelty: Understanding the Emotional, Spiritual, and Religious Influences

## The Psychology of Compassion and Cruelty: Understanding the Emotional, Spiritual, and Religious Influences

This thoughtful book brings together some of the best psychological and spiritual thinkers to ponder evidence-based reflections about the development and nurturance of compassion.

- Illustrates how compassion is learned and reinforced
- Features leading experts from multiple fields and parts of the world
- Reflects on how to maximize compassion and minimize cruelty
- Includes factors that contribute to both compassionate and cruel behavior

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